



Get ready to experience an incredible place, a  
Majestic experience.

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## What is Liposculpture?

Liposuction, also known as liposculpture, lipoplasty, or lipolysis, involves removing fatty tissue from specific areas of the body. At Majestic Plastic Surgery, we use advanced technology to achieve the best results. We use Microaire for uniform fat extraction, Vaser to emulsify and destroy adipose tissue, and monopolar radiofrequency to improve skin adherence in the postoperative period. For procedures requiring fat grafting, such as gluteal lipoinjection, we use ultrasound to ensure safety and precision.

The fat extracted during liposculpture can be used to reshape the buttocks, creating a body harmony that enhances the figure. It is also possible to perform fat grafts in other areas such as the pectoral region, arms, or abdomen to increase their volume and achieve a more athletic appearance. Liposculpture allows for the enhancement of body anatomy, creating muscle definition that gives a more athletic look.

At Majestic Plastic Surgery, we believe that the final result is determined by the surgeon's concept of beauty. The combination of feminine and masculine perspectives, along with the collaboration of two surgeons in the same procedure, ensures greater body harmony, shorter surgical time, and exceptional support, achieving unparalleled results.

# BENEFITS OF LIPOSCULPTURE



- **Enhanced Body Contours:** Redefines and improves your figure, creating a more sculpted and attractive shape.
- **Natural Results:** Achieves a more natural and balanced appearance, blending seamlessly with your body's existing proportions.
- **Boosted Self-Esteem:** Increases confidence and self-esteem, helping you feel better about your appearance.
- **Quick Recovery:** Involves less downtime compared to other procedures, allowing you to return to your daily activities faster.

## THE PROCEDURE

- **Preoperative Consultation:** Initial evaluation and treatment planning, including necessary lab tests to determine if pre-surgery care is needed.
- **Preparation:** Marking the areas to be treated and administering anesthesia.
- **Fat Extraction:** Using advanced techniques to remove fat deposits.
- **Sculpting and Contouring:** Shaping the treated areas to achieve a more sculpted appearance.
- **Completion: Applying bandages and conducting postoperative monitoring.**

# RECOVERY AND POSTOPERATIVE CARE



- **Immediately After:** You will be monitored in the clinic and required to wear compression garments to reduce swelling and support the new body contours.
- **First Few Weeks:** Rest and care for the treated areas, avoiding intense activities to ensure proper healing.
- **Long-Term Care:** Maintain a healthy lifestyle to prolong the results and attend all follow-up appointments with your surgeon.

## WHEN IS LIPOSCULPTURE IDEAL?

This procedure is indicated for patients with:

**Fat Deposits:** Localized fat deposits in areas such as the back, arms, abdomen, waist, thighs, chin, hips, and/or knees.

**Desire for a Slimmer Figure:** Individuals who want a more streamlined, slender, and harmonious figure.

**Volume Enhancement:** Those looking to increase the volume of their buttocks, pectorals, or arms using their own fat.

**Abdominal Definition:** Patients seeking to achieve abdominal muscle definition.



# TESTIMONIALS



My experience at Majestic Plastic Surgery was wonderful. Dr. Luis Fernando Reyes and Dr. Nicole Echeverry provided very professional care. The liposuction exceeded all my expectations; the results were incredible. From the initial consultation to the postoperative care, everything was perfect. I am beyond satisfied and cannot express my gratitude enough. Highly recommended!

I cannot express how grateful I am to the team at Majestic Plastic Surgery. The liposuction performed by Dr. Luis Fernando Reyes and Dr. Nicole Echeverry was a complete success. I felt I was in the hands of true professionals. The care and attention were exceptional, and the results exceeded my wildest dreams. A truly transformative experience!

My liposuction at Majestic Plastic Surgery with Dr. Luis Fernando Reyes and Dr. Nicole Echeverry was simply exceptional. The professionalism and dedication of the team made the entire process smooth and safe. The results are amazing and have exceeded all my expectations. I highly recommend their services to anyone looking for incredible results and top-notch care.

# FREQUENTLY ASKED QUESTIONS (FAQS)



## **Is liposuction painful?**

No, the procedure is performed under anesthesia, and postoperative pain is managed with appropriate medication.

## **How long is the recovery period?**

Most patients recover within a few weeks, although swelling may take a bit longer to completely subside.

## **Are the results permanent?**

Yes, as long as a healthy and stable lifestyle is maintained.

## **How long does the liposuction procedure take?**

The duration of the procedure can vary depending on the amount of fat to be removed and the areas being treated. Generally, liposuction can take between 1 and 4 hours.

## **When will I see the final results of liposuction?**

Final results can take some time to fully appear due to postoperative swelling. Significant improvements are usually noticeable within the first few weeks, with final results visible between 3 to 6 months after the procedure.

## **Can I combine liposuction with other cosmetic procedures?**

Yes, many patients choose to combine liposuction with other procedures such as a tummy tuck or breast augmentation to achieve more comprehensive results. It is important to discuss these options with your surgeon during the consultation to plan appropriately and ensure your safety and satisfaction.



# PRE-SURGERY INSTRUCTIONS

Two Weeks Before Surgery:

## **Avoid Anti-Inflammatory Medications:**

Do not take anti-inflammatory medications such as aspirin, ibuprofen, diclofenac, etc., as these can affect blood clotting and increase bleeding during surgery.

For pain relief, only take acetaminophen.

## **Notify About Supplements:**

Inform us if you are taking any herbal medications, vitamins, or natural supplements, as some can cause issues during surgery. Ideally, stop taking these at least one week before the procedure. (Examples include Ginkgo biloba, Omega-3, Multivitamins)

## **Report Health Issues:**

Notify us if you develop a common cold, injury, or any other condition during this period.

## **Stop Smoking:**

Smoking can affect your healing process. Please stop smoking at least 15 days before the procedure.



# POST-SURGERY INSTRUCTIONS

- Upon arriving home, consume a liquid or soft food before starting your medications.
- Walk regularly to prevent complications and the formation of blood clots in your legs that could travel to your lungs, heart, or brain.
- Ideally, walk for at least 15 minutes every 3 hours. More is better (assisted ambulation).
- Keep your compression garment on at all times, removing it only for bathing and massages if desired, for a minimum of 3 months.
- Apply Enoxaparin or Fraxiparin (Clexane/Clenox) once a day, subcutaneously. Do not apply it to the abdomen. This should be done by trained personnel.
- Avoid sun exposure for the first 3 months.
- Do not take immersion baths for the first 3 months.
- Wear anti-embolic stockings constantly, removing them only for bathing and massages if desired. Use them for a total of 10 days.
- It is normal for some blood to drain from surgical wounds. If the bleeding is excessive and continuous, inform your surgeons or nurse.
- Take all prescribed medications (especially antibiotics).
- Do not perform activities like mopping, sweeping, ironing, or lifting children or heavy objects for at least one week.
- Attend the scheduled follow-up appointment at the clinic.
- For any doubts or concerns, contact the available medical staff immediately.



# WHO WE ARE

**Majestic Plastic, Reconstructive, and Aesthetic Surgery** is a company committed to your well-being. Our portfolio is specially designed for you to find in us an incredible place that will bring you closer to achieving and maintaining the appearance you have always dreamed of.

We offer a wide variety of facial and body procedures, and all our surgical and aesthetic services are medically certified.

## DR. LUIS FERNANDO REYES

Plastic, Aesthetic, and Reconstructive Surgeon. Member of the Colombian Society of Plastic Surgery (SCCP), the International Society of Aesthetic Plastic Surgery (ISAPS), and the American Society of Plastic Surgeons (ASPS).



Luis Fernando is a medical surgeon from the Universidad del Rosario and a specialist in plastic, aesthetic, and reconstructive surgery from the University of Buenos Aires. As a professional, he has always demonstrated a serious commitment to his specialty through constant pursuit of scientific updates and new trends. This allows him to be familiar with and implement less invasive, more conservative techniques with better outcomes. His goal is to offer procedures that significantly improve people's lives.

## DRA. NICOLE ECHEVERRY



Nicole is a plastic surgeon, dedicated, passionate, and versatile, with a sumptuous concept of beauty.

She is a coherent, consistent, dedicated, visionary person, and a faithful believer in the results achieved through science.



As a professional, she is a trained and skilled specialist who is committed to the constant pursuit of knowledge at the forefront of all fields of plastic surgery. She is a decisive and assertive surgeon with a sensitivity to shapes and proportions, which allows for a high standard of beauty, always focused on the advanced management of complex techniques.

## GOT GLAM!